



Greater Philadelphia
Chapter

Resource Group Calendar January – February - March 2023

**Some Resource Groups are now meeting in person, as well as offering remote access.
Please contact the Group Facilitator in advance for additional information.**

DATE	EVENT	FACILITATOR
Saturdays 1/21/23 2/18/23 3/18/23 11:00 AM to 12:30 PM	Montgomery, Bucks & Philadelphia Counties, PA ALS Support Group *RSVP REQUIRED by 1/19/23; 2/16/23; 3/16/23	Anne Cooney, MSW, LSW anne@alsphiladelphia.org 215-664-4177
Saturdays 1/14/23 2/11/23 3/11/23 10:30 AM to 11:30 AM	South Jersey ALS Support Group *RSVP REQUIRED by 1/12/23; 2/9/23; 3/9/23	Stephanie A. Hand-Kowchak, MSW, LSW, FT shand@holyredeemer.com 609-457-9261
Tuesdays 1/17/23 2/21/23 3/21/23 12:00 PM to 1:00 PM	Delaware ALS Support Group - Online *Please RSVP in advance for information on how to connect to the group	Kate Adamek, LCSW katealsconsultant@gmail.com 315-530-5583
Thursdays 1/12/23 2/9/23 3/9/23 6:30 PM to 7:30 PM	Hershey/South Central ALS Support Group Facebook Page! Please join us! "LET HOPE GROW-THE HERSHEY ALS SUPPORT GROUP"	Lura Sawyer Lura.sawyer@gmail.com 717-645-5459
Thursdays 1/19/23 2/16/23 3/16/23 4:00 PM to 5:30 PM	Delaware & Chester Counties, PA & Wilmington, DE ALS Support Group *Please RSVP first time attending	Steve Spaulding, MA steve@alsphiladelphia.org 215-664-4131
Thursdays 1/26/23 2/23/23 3/23/23 2:00 PM via Zoom	Lehigh Valley ALS Support Group *Please contact Jessie for Zoom Link	Jessie Meier, MSW, LSW jessie@alsphiladelphia.org 610-797-2102
Tuesdays 1/17/23 2/21/23 3/21/23 12:00 PM to 1:00 PM	"Online at Lunchtime" ALS Caregivers Support Group Participate from home, with audio and video, via your computer, tablet or smart device!	Jayne Etskovitz, MSW, LSW jayne@alsphiladelphia.org 267-468-7015
Tuesdays 1/17/23 2/21/23 3/21/23 6:30 PM to 8:00 PM	** <u>Presented by Joan Dancy & PALS</u> ** Caregivers Meeting *Please RSVP first time attending	Kathy Valentino, LCSW 609-433-6333
Tuesdays 1/3/23 2/7/23 3/7/23 6:30 PM to 8:00 PM	** <u>Presented by Joan Dancy & PALS</u> ** PALS and Family Meeting *Please RSVP first time attending	Kathy Valentino, LCSW 609-433-6333
Tuesdays 1/10/23 2/14/23 3/14/23 3:00 PM	** <u>Presented by The Assoc for Frontotemporal Degeneration</u> ** ALS with FTD Caregiver Phone Support Group *Please contact Bridget to learn more and get registered for this group	Bridget Moran-McCabe 267-758-8653 bmoran-mccabe@theaftd.org

NO CHARGE TO PATIENTS, PATIENTS' FAMILIES, OR CAREGIVERS