



Resource Group Calendar October – November - December 2023

All Resource Groups meet virtually.

Please contact the Group Facilitator in advance for additional information.

DATE	EVENT	FACILITATOR
Saturdays 10/21/23 11/18/23 12/16/23 11:00 AM to 12:30 PM	Bucks, Montgomery & Philadelphia Counties ALS Support Group <i>*RSVP REQUIRED by 10/19/23; 11/16/23; 12/14/23</i>	Anne Cooney, MSW, LSW anne@alsphiladelphia.org 215-664-4177
Tuesdays 10/10/23 11/14/23 12/12/23 12:00 PM to 1:00 PM	Delaware ALS Support Group <i>*Please RSVP in advance for information on how to connect to the group</i>	Kate Adamek, LCSW katealsconsultant@gmail.com 315-530-5583
Thursdays 10/19/23 11/16/23 12/21/23 4:00 PM to 5:30 PM	Delaware & Chester Counties, and Wilmington DE ALS Support Group <i>*Please RSVP first time attending</i>	Steve Spaulding, MA steve@alsphiladelphia.org 215-664-4131
Thursdays 10/12/23 11/9/23 12/14/23 6:30 PM to 7:30 PM	Hershey / South Central PA ALS Support Group <i>Facebook Page - Please join us!</i>	Lura Sawyer Lura.sawyer@gmail.com 717-645-5459
Thursdays 10/26/23 11/16/23 12/28/23 2:00 PM via Zoom	Lehigh Valley ALS Support Group <i>*Please RSVP first time attending</i>	Jessie Meier, MSW, LSW jessie@alsphiladelphia.org 610-797-2102
Tuesday 10/10/23 11/14/23 12/12/23 6:00 PM to 7:30 PM	Newly Diagnosed: Questions, Answers & Support Group <i>For everyone recently diagnosed with ALS - and their loved ones.</i> <i>*Please RSVP in advance for information on how to connect to the group</i>	Melissa Coll, MSW, LSW and Gail Houseman, RN, CNS-BC melissa@alsphiladelphia.org 215-948-3692
Tuesdays 10/17/23 11/14/23 12/19/23 12:00 PM to 1:00 PM	“Online at Lunchtime” ALS Caregivers’ Support Group <i>*Please RSVP in advance for information on how to connect to the group</i>	Jayne Etskovitz, MSW, LSW jayne@alsphiladelphia.org 267-468-7015
Saturdays 10/14/23 11/11/23 12/9/23 10:30 AM to 11:30 AM	South Jersey ALS Support Group <i>*RSVP REQUIRED by 10/12/23; 11/9/23; 12/7/23</i>	Stephanie A. Hand-Kowchak, MSW, LSW, FT shand@holyredeemer.com 609-457-9261
Tuesdays 10/17/23 11/21/23 12/19/23 6:30 PM to 8:00 PM	<p style="text-align: center;">** Presented by Joan Dancy & PALS **</p> Caregivers Meeting <i>*Please RSVP first time attending</i>	Kathy Valentino, LCSW 609-433-6333
Tuesdays 10/3/23 11/7/23 12/5/23 6:30 PM to 8:00 PM	<p style="text-align: center;">** Presented by Joan Dancy & PALS **</p> PALS and Family Meeting <i>*Please RSVP first time attending</i>	Kathy Valentino, LCSW 609-433-6333
Tuesdays 10/10/23 11/14/23 12/12/23 3:00 PM	<p style="text-align: center;">** Presented by The Association for Frontotemporal Degeneration **</p> ALS with FTD Caregiver Phone Support Group	For additional information about this group call or email: 866-507-7222 info@theaftd.org

NO CHARGE TO PATIENTS, PATIENTS’ FAMILIES, OR CAREGIVER