



Resource Group Calendar January – February - March 2024

All Resource Groups meet virtually
Please contact the Group Facilitator in advance for additional information

DATE	EVENT	FACILITATOR
Saturdays 1/20/24 2/17/24 3/16/24 11:00 AM to 12:30 PM	Bucks, Montgomery & Philadelphia Counties ALS Support Group <i>RSVP REQUIRED by 1/18/24; 2/15/24; 3/14/24</i>	Anne Cooney, MSW, LSW anne@alsmidatlantic.org 215-664-4177
Tuesdays 1/9/24 2/13/24 3/12/24 12:00 PM to 1:00 PM	Delaware ALS Support Group <i>Please RSVP in advance for information on how to connect to the group</i>	Kate Adamek, LCSW katealsconsultant@gmail.com 315-530-5583
Thursdays 1/18/24 2/15/24 3/21/24 4:00 PM to 5:30 PM	Delaware & Chester Counties, and Wilmington DE ALS Support Group <i>Please RSVP first time attending</i>	Steve Spaulding, MA steve@alsmidatlantic.org 215-664-4131
Thursdays 1/11/24 2/8/24 3/14/24 6:30 PM to 7:30 PM	Hershey / South Central PA ALS Support Group <i>Facebook Page - Please join us!</i>	Lura Sawyer Lura.sawyer@gmail.com 717-645-5459
Thursdays 1/25/24 2/22/24 3/28/24 2:00 PM via Zoom	Lehigh Valley ALS Support Group <i>Please RSVP first time attending</i>	Jessie Meier, MSW, LSW jessie@alsmidatlantic.org 610-797-2102
<u>QUARTERLY GROUP</u>	Newly Diagnosed: Questions, Answers & Support Group	Melissa Coll, MSW, LSW and Gail Houseman, RN, CNS-BC
Tuesday 2/13/24 6:00 PM to 7:30 PM	<i>For everyone recently diagnosed with ALS - and their loved ones.</i> <i>Please RSVP in advance for information on how to connect to the group</i>	melissa@alsmidatlantic.org 215-948-3692
Saturday 1/20/2024 2/17/2024 3/16/2024 10:30 AM to 11:30 AM	<u>NEW GROUP:</u> North Central ALS Support Group <i>Join us for a new ALS Support Group in our area. A chance to meet others living with ALS or caring for someone living with ALS.</i> <i>Please RSVP in advance for information on how to connect to the group</i>	Kris Reynolds, LSW krissyrey37@gmail.com 570-955-8838
Tuesdays 1/16/24 2/20/24 3/19/24 12:00 PM to 1:00 PM	"Online at Lunchtime" ALS Caregivers' Support Group <i>Please RSVP in advance for information on how to connect to the group</i>	Jayne Etskovitz, MSW, LSW jayne@alsmidatlantic.org 267-468-7015
Saturdays 1/13/24 2/10/24 3/9/24 10:30 AM to 11:30 AM	South Jersey ALS Support Group <i>RSVP REQUIRED by 1/11/24; 2/8/24; 3/7/24</i>	Stephanie A. Hand-Kowchak, MSW, LSW, FT shand@holyredeemer.com 609-457-9261
Tuesdays 1/16/24 2/20/24 3/19/24 6:30 PM to 8:00 PM	** <u>Presented by Joan Dancy & PALS</u> ** Caregivers Meeting <i>Please RSVP first time attending</i>	Kathy Valentino, LCSW 609-433-6333
Tuesdays 1/2/24 2/6/24 3/5/24 6:30 PM to 8:00 PM	** <u>Presented by Joan Dancy & PALS</u> ** PALS and Family Meeting <i>Please RSVP first time attending</i>	Kathy Valentino, LCSW 609-433-6333
Tuesdays 1/9/24 2/13/24 3/19/24 3:00 PM	** <u>Presented by The Association for Frontotemporal Degeneration</u> ** ALS with FTD Caregiver Phone Support Group	For additional information about this group call or email: 866-507-7222 info@theaftd.org

NO CHARGE TO PATIENTS, PATIENTS' FAMILIES, OR CAREGIVER