



# Resource Group Calendar October – November - December 2024

All Resource Groups meet virtually.  
Please contact the Group Facilitator in advance for additional information.

DATE	EVENT	FACILITATOR
Saturdays 10/19/24 11/16/24 12/21/24 11:00 AM to 12:30 PM	Bucks, Montgomery & Philadelphia Counties ALS Support Group  <i>RSVP REQUIRED by 10/17/24; 11/14/24; 12/19/24</i>	Anne Cooney, MSW, LSW <a href="mailto:anne@alsmidatlantic.org">anne@alsmidatlantic.org</a> 215-664-4177
Wednesdays 10/9/24 11/13/24 12/11/24 12:00 PM to 1:00 PM	Delaware ALS Support Group  <i>Please RSVP in advance for information on how to connect to the group</i>	Kate Adamek, LCSW <a href="mailto:katealsconsultant@gmail.com">katealsconsultant@gmail.com</a> 315-530-5583
Thursdays 10/17/24 11/21/24 12/19/24 12:00 PM to 1:00 PM	Delaware & Chester Counties, and Wilmington DE ALS Support Group  <i>Please RSVP first time attending</i>	Steve Spaulding, MA <a href="mailto:steve@alsmidatlantic.org">steve@alsmidatlantic.org</a> 215-664-4131
Wednesdays 10/23/24 11/27/24 12/18/24 7:00 PM to 8:00 PM	Hershey / South Central PA ALS Support Group  <i>Please note new group day &amp; facilitator Contact Martin Young in advance for link to Zoom</i>	Martin Young, MS NCC LPC <a href="mailto:Martin@mylpc.online">Martin@mylpc.online</a> 717-516-5355
Thursdays 10/24/20 11/21/24 12/19/24 2:00 PM via Zoom	Lehigh Valley ALS Support Group  <i>Please RSVP first time attending</i>	Jessie Meier, MSW, LSW <a href="mailto:jessie@alsmidatlantic.org">jessie@alsmidatlantic.org</a> 610-797-2102
<b>QUARTERLY GROUP</b>  Tuesday 11/12/24 6:00 PM to 7:30 PM	Newly Diagnosed: Questions, Answers & Support Group  <i>For everyone recently diagnosed with ALS - and their loved ones.</i>  <i>Please RSVP in advance for information on how to connect to the group</i>	Melissa Coll, MSW, LSW and Gail Houseman, RN, CNS-BC  <a href="mailto:melissa@alsmidatlantic.org">melissa@alsmidatlantic.org</a> 215-948-3692
Saturday 10/19/24 11/16/24 12/21/24 10:30 AM to 11:30 AM	North Central ALS Support Group  <i>Join us for a new ALS Support Group in our area. A chance to meet others living with ALS or caring for someone living with ALS.</i>  <i>Please RSVP in advance for information on how to connect to the group</i>	Kris Reynolds, LSW <a href="mailto:krisseyrey37@gmail.com">krisseyrey37@gmail.com</a> 570-955-8838
Tuesdays 10/15/24 11/19/24 12/17/24 12:00 PM to 1:00 PM	“Online at Lunchtime” ALS Caregivers’ Support Group  <i>Please RSVP in advance for information on how to connect to the group</i>	Jayne Etskovitz, MSW, LSW <a href="mailto:jayne@alsmidatlantic.org">jayne@alsmidatlantic.org</a> 267-468-7015
Saturdays 10/12/24 11/9/24 12/14/24 10:30 AM to 11:30 AM	South Jersey ALS Support Group  <i>RSVP REQUIRED by 10/10/24; 11/7/24; 12/12/24</i>	Stephanie A. Hand-Kowchak, MSW, LSW, FT <a href="mailto:shand@holyredeemer.com">shand@holyredeemer.com</a> 609-457-9261
Tuesdays 10/15/24 11/19/24 12/17/24 6:30 PM to 8:00 PM	<b>** Presented by Joan Dancy &amp; PALS **</b>  Caregivers Meeting  <i>Please RSVP first time attending</i>	Kathy Valentino, LCSW <a href="mailto:kathy@joandancyandpals.org">kathy@joandancyandpals.org</a> 609-433-6333
Tuesdays 10/1/24 11/5/24 12/3/24 6:30 PM to 8:00 PM	<b>** Presented by Joan Dancy &amp; PALS **</b>  PALS and Family Meeting  <i>Please RSVP first time attending</i>	Kathy Valentino, LCSW <a href="mailto:kathy@joandancyandpals.org">kathy@joandancyandpals.org</a> 609-433-6333
Tuesdays 10/8/24 11/12/24 12/10/24 3:00 PM	<b>** Presented by The Association for Frontotemporal Degeneration **</b>  ALS with FTD Caregiver Phone Support Group	For additional information about this group call or email: 866-507-7222 <a href="mailto:info@theaftd.org">info@theaftd.org</a>

**NO CHARGE TO PATIENTS, PATIENTS’ FAMILIES, OR CAREGIVER**