



# Resource Group Calendar January – February - March 2025

All Resource Groups meet virtually.  
Please contact the Group Facilitator in advance for additional information.

DATE	EVENT	FACILITATOR
<i>Saturdays</i> 1/18/25 2/15/25 3/15/25 11:00 AM to 12:30 PM	Bucks, Montgomery & Philadelphia Counties ALS Support Group  <i>RSVP REQUIRED by 1/16/25; 2/13/25; 3/13/25</i>	Anne Cooney, MSW, LSW <a href="mailto:anne@alsmidatlantic.org">anne@alsmidatlantic.org</a> 215-664-4177
<i>Wednesdays</i> 1/8/25 2/12/25 3/12/25 12:30 PM to 1:30 PM	Delaware ALS Support Group  <i>Please RSVP in advance for information on how to connect to the group</i>	Kate Adamek, LCSW <a href="mailto:katealsconsultant@gmail.com">katealsconsultant@gmail.com</a> 315-530-5583
<i>Thursdays</i> 1/16/25 2/20/25 3/20/25 12:00 PM to 1:00 PM	Delaware & Chester Counties, and Wilmington DE ALS Support Group  <i>Please RSVP first time attending</i>	Steve Spaulding, MA <a href="mailto:steve@alsmidatlantic.org">steve@alsmidatlantic.org</a> 215-664-4131
<i>Wednesdays</i> 1/22/25 2/26/25 3/26/25 7:00 PM to 8:00 PM	Hershey / South Central PA ALS Support Group  <i>Contact Martin Young in advance for link to Zoom</i>	Martin Young, MS NCC LPC <a href="mailto:Martin@mylpc.online">Martin@mylpc.online</a> 717-516-5355
<i>Thursdays</i> 1/23/25 2/27/25 3/27/25 2:00 PM via Zoom	Lehigh Valley ALS Support Group  <i>Please RSVP first time attending</i>	Jessie Meier, MSW, LSW <a href="mailto:jessie@alsmidatlantic.org">jessie@alsmidatlantic.org</a> 610-797-2102
<b><u>QUARTERLY GROUP</u></b>	Newly Diagnosed: Questions, Answers & Support Group  <i>For everyone recently diagnosed with ALS - and their loved ones.</i>	Melissa Coll, MSW, LSW and Gail Houseman, RN, CNS-BC
<i>Tuesday</i> 2/11/25 6:00 PM to 7:30 PM	 <i>Please RSVP in advance for information on how to connect to the group</i>	<a href="mailto:melissa@alsmidatlantic.org">melissa@alsmidatlantic.org</a> 215-948-3692
<i>Saturday</i> 1/25/25 2/22/25 3/22/25 10:30 AM to 11:30 AM	North Central ALS Support Group <i>Join us for a new ALS Support Group in our area. A chance to meet others living with ALS or caring for someone living with ALS.</i>  <i>Please RSVP in advance for information on how to connect to the group</i>	Kris Reynolds, LSW <a href="mailto:krissyrey37@gmail.com">krissyrey37@gmail.com</a> 570-955-8838
<i>Tuesdays</i> 1/14/25 2/11/25 3/18/25 12:00 PM to 1:00 PM	“Online at Lunchtime” ALS Caregivers’ Support Group  <i>Please RSVP in advance for information on how to connect to the group</i>	Jayne Etskovitz, MSW, LSW <a href="mailto:jayne@alsmidatlantic.org">jayne@alsmidatlantic.org</a> 267-468-7015
<i>Saturdays</i> 1/11/25 2/8/25 3/8/25 10:30 AM to 11:30 AM	South Jersey ALS Support Group  <i>RSVP REQUIRED by 1/9/25; 2/6/25; 3/6/25</i>	Stephanie A. Hand-Kowchak, MSW, LSW, FT <a href="mailto:Stephaniehand00@gmail.com">Stephaniehand00@gmail.com</a> 609-457-9261
<i>Tuesdays</i> 1/21/25 2/18/25 3/18/25 6:30 PM to 8:00 PM	<b>** Presented by Joan Dancy &amp; PALS **</b> Caregivers Meeting  <i>Please RSVP first time attending</i>	Kathy Valentino, LCSW <a href="mailto:kathy@joandancyandpals.org">kathy@joandancyandpals.org</a> 609-433-6333
<i>Tuesdays</i> 1/7/25 2/4/25 3/4/25 6:30 PM to 8:00 PM	<b>** Presented by Joan Dancy &amp; PALS **</b> PALS and Family Meeting  <i>Please RSVP first time attending</i>	Kathy Valentino, LCSW <a href="mailto:kathy@joandancyandpals.org">kathy@joandancyandpals.org</a> 609-433-6333
<i>Tuesdays</i> 1/14/25 2/11/25 3/11/25 3:00 PM	<b>** Presented by The Association for Frontotemporal Degeneration **</b> ALS with FTD Caregiver Phone Support Group	For additional information about this group call or email: 866-507-7222 <a href="mailto:info@theaftd.org">info@theaftd.org</a>

**NO CHARGE TO PATIENTS, PATIENTS’ FAMILIES, OR CAREGIVER**