



# Resource Group Calendar April – May – June 2025

**All Resource Groups meet virtually.**  
**Please contact the Group Facilitator in advance for additional information.**

DATE	EVENT	FACILITATOR
<i>Saturdays</i> 4/19/25 5/17/25 6/21/25 11:00 AM to 12:30 PM	Bucks, Montgomery & Philadelphia Counties ALS Resource Group  <i>RSVP REQUIRED by 4/17/25; 5/15/25; 6/19/25</i>	Anne Cooney, MSW, LSW <a href="mailto:anne@alsmidatlantic.org">anne@alsmidatlantic.org</a> 215-664-4177
<i>Wednesdays</i> 4/9/25 5/14/25 6/11/25 12:30 PM to 1:30 PM	Delaware ALS Resource Group  <i>Please RSVP in advance for information on how to connect to the group</i>	Kate Adamek, LCSW <a href="mailto:katealsconsultant@gmail.com">katealsconsultant@gmail.com</a> 315-530-5583
<i>Thursdays</i> 4/17/25 5/15/25 6/19/25 12:30 PM to 1:30 PM	<u>Note New Group Facilitator</u> Delaware & Chester Counties, and Wilmington DE ALS Resource Group  <i>Please RSVP first time attending</i>	Linda Embry <a href="mailto:Lembry246@gmail.com">Lembry246@gmail.com</a>
<i>Wednesdays</i> 4/23/25 5/28/25 6/18/25 7:00 PM to 8:00 PM	Hershey / South Central PA ALS Resource Group  <i>Contact Martin Young in advance for Zoom link.</i>	Martin Young, MS NCC LPC <a href="mailto:Martin@mylpc.online">Martin@mylpc.online</a> 717-516-5355
<i>Thursdays</i> 4/24/25 5/15/25 6/26/25 2:00 PM via Zoom	Lehigh Valley ALS Resource Group  <i>Please RSVP first time attending</i>	Jessie Meier, MSW, LSW <a href="mailto:jessie@alsmidatlantic.org">jessie@alsmidatlantic.org</a> 610-797-2102
<b><u>QUARTERLY GROUP</u></b>  <i>Tuesday</i> 5/13/25 6:00 PM to 7:30 PM	<b>Newly Diagnosed: Questions, Answers &amp; Support</b> <i>For everyone recently diagnosed with ALS - and their loved ones.</i>  <i>Please RSVP in advance for information on how to connect to the group</i>	Melissa Coll, MSW, LSW and Gail Houseman, RN, CNS-BC  <a href="mailto:melissa@alsmidatlantic.org">melissa@alsmidatlantic.org</a> 215-948-3692
<i>Saturday</i> 4/26/25 5/24/25 6/28/25 10:30 AM to 11:30 AM	North Central ALS Resource Group  <i>Join us for a new ALS Resource Group in our area. A chance to meet others living with ALS or caring for someone living with ALS.</i>  <i>Please RSVP in advance for information on how to connect to the group</i>	Kris Reynolds, LSW  <a href="mailto:krissyrey37@gmail.com">krissyrey37@gmail.com</a>  570-955-8838
<i>Tuesdays</i> 4/15/25 5/13/25 6/17/25 12:00 PM to 1:00 PM	"Online at Lunchtime" ALS Caregivers' Resource Group  <i>Please RSVP in advance for information on how to connect to the group</i>	Jayne Etskovitz, MSW, LSW <a href="mailto:jayne@alsmidatlantic.org">jayne@alsmidatlantic.org</a> 267-468-7015
<i>Saturdays</i> 4/12/25 5/10/25 6/14/25 10:30 AM to 11:30 AM	South Jersey ALS Resource Group  <i>RSVP REQUIRED by 4/10/25; 5/8/25; 6/12/25</i>	Stephanie A. Hand-Kowchak, MSW, LSW, FT <a href="mailto:Stephaniehand00@gmail.com">Stephaniehand00@gmail.com</a> 609-457-9261
<i>Tuesdays</i> 4/15/25 5/20/25 6/17/25 6:30 PM to 8:00 PM	<b>** Presented by Joan Dancy &amp; PALS **</b> Caregivers Meeting  <i>Please RSVP first time attending</i>	Kathy Valentino, LCSW <a href="mailto:kathy@joandancyandpals.org">kathy@joandancyandpals.org</a> 609-433-6333
<i>Tuesdays</i> 4/1/25 5/6/25 6/3/25 6:30 PM to 8:00 PM	<b>** Presented by Joan Dancy &amp; PALS **</b> PALS and Family Meeting  <i>Please RSVP first time attending</i>	Kathy Valentino, LCSW <a href="mailto:kathy@joandancyandpals.org">kathy@joandancyandpals.org</a> 609-433-6333
<i>Tuesdays</i> 4/8/25 5/13/25 6/10/25 3:00 PM	<b>** Presented by The Association for Frontotemporal Degeneration **</b>  ALS with FTD Caregiver Phone Resource Group	For additional information about this group call or email: 866-507-7222 <a href="mailto:info@theaftd.org">info@theaftd.org</a>

**NO CHARGE TO PATIENTS, PATIENTS' FAMILIES, OR CAREGIVER**