



Resource Group Calendar April – May – June 2026

All Resource Groups meet virtually.
Contact Group Facilitator in advance for additional information.

DATE	EVENT	FACILITATOR
Saturdays 4/18/26 5/16/26 6/20/26 11:00 AM to 12:30 PM	Bucks, Montgomery & Philadelphia Counties ALS Resource Group RSVP REQUIRED by 4/16/26; 5/14/26; 6/18/26	Anne Cooney, MSW, LSW anne@alsmidatlantic.org 215-664-4177
Wednesday 4/8/26 Tuesday 5/12/26 Wednesday 6/10/26 12:30 PM to 1:30 PM	Delaware ALS Resource Group Please RSVP in advance for information on how to connect to the group	Kate Adamek, LCSW katealsconsultant@gmail.com 315-530-5583
Thursdays 4/16/26 5/21/26 6/18/26 12:30 PM to 1:30 PM	Delaware & Chester Counties, and Wilmington DE ALS Resource Group Please RSVP first time attending	Linda Embry Lembry246@gmail.com
Wednesdays 4/22/26 5/27/26 6/24/26 7:00 PM to 8:00 PM	Hershey / South Central PA ALS Resource Group Contact Martin Young in advance for link to Zoom	Martin Young, MS NCC LPC Martin@mylpc.online 717-448-3501
Thursdays 4/23/26 5/28/26 6/25/26 2:00 PM via Zoom	Lehigh Valley ALS Resource Group Please RSVP first time attending	Jessie Meier, MSW, LSW jessie@alsmidatlantic.org 610-797-2102
<u>QUARTERLY GROUP</u> Tuesday 5/12/26 6:00 PM to 7:30 PM	Newly Diagnosed: Questions, Answers & Resource Group For everyone recently diagnosed with ALS - and their loved ones. Please RSVP in advance for information on how to connect to the group	Melissa Coll, MSW, LSW and Gail Houseman, RN, CNS-BC melissa@alsmidatlantic.org 215-948-3692
Tuesdays 4/21/26 5/19/26 6/16/26 12:00 PM to 1:00 PM	“Online at Lunchtime” ALS Caregivers’ Resource Group Please RSVP in advance for information on how to connect to the group	Jayne Etskovitz, MSW, LSW jayne@alsmidatlantic.org 267-468-7015
Saturdays 4/11/26 5/9/26 6/13/26 11:00 AM to 12:30 PM	South Jersey ALS Resource Group RSVP REQUIRED by 4/9/26; 5/7/26; 6/11/26	Stephanie A. Hand-Kowchak, MSW, LSW, FT Stephaniehand00@gmail.com 609-457-9261
Tuesdays 4/21/26 5/19/26 6/16/26 6:30 PM to 8:00 PM	** Presented by Joan Dancy & PALS ** Caregivers Meeting Please RSVP first time attending	Pat Schaeffer, RN pat@joandancyandpals.org 732-239-4724 Irene Stanton, LCSW irene@joandancyandpals.org 609-433-6333
Tuesdays 4/7/26 5/5/26 6/2/26 6:30 PM to 8:00 PM	** Presented by Joan Dancy & PALS ** PALS and Family Meeting Please RSVP first time attending	Pat Schaeffer, RN pat@joandancyandpals.org 732-239-4724 Irene Stanton, LCSW irene@joandancyandpals.org 609-433-6333
Tuesdays 4/14/26 5/12/26 6/9/26 3:00 PM	** Presented by The Association for Frontotemporal Degeneration ** ALS with FTD Caregiver Phone Support Group	For additional information about this group call or email: 866-507-7222 info@theaftd.org

NO CHARGE TO PATIENTS, PATIENTS’ FAMILIES, OR CAREGIVER